

While I was a student at Radcliffe College, a group of men and women formed an Association for rehabilitation of the adult blind in Massachusetts. That Association was an incandescent lamp in the life of blindness.

> - Helen Keller.1929 letter to the New York Times

Support for MABVI's programs is provided by the Massachusetts Commission for the Blind, the Memorial Foundation for the Blind, the Office of Jobs and Community Services for the City of Boston and many other individuals, foundations, and corporations. Federal financial support under the Older Americans Act furnished by Central MA Agency on Aging and Boston Commission on Affairs of the Elderly. MABVI is certified for Medicare, Medicaid and many private insurances.

MASSACHUSETTS ASSOCIATION

for the =

Blind and Visually Impaired

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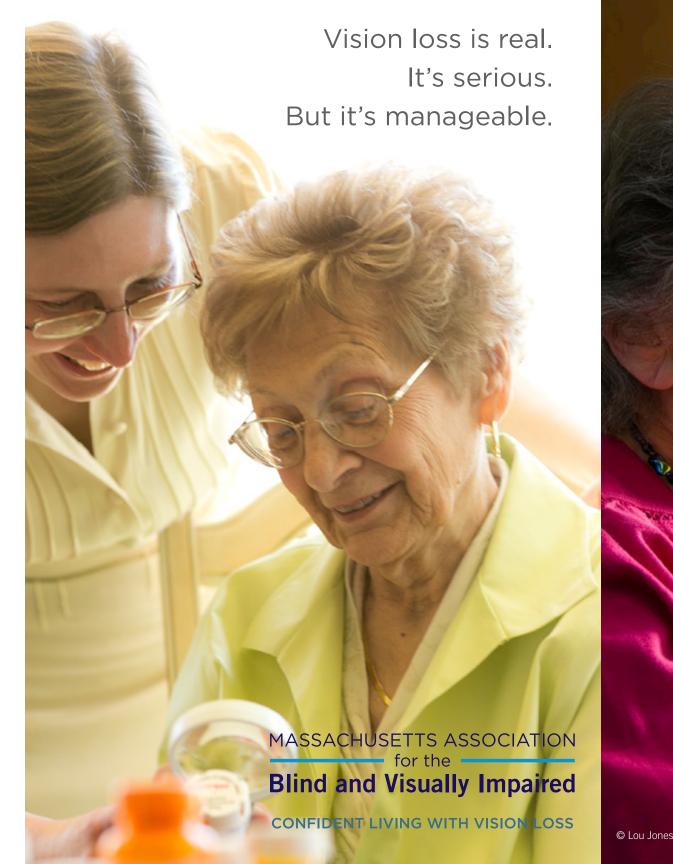
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MAB Community Services

The Massachusetts Association for the Blind and Visually Impaired is a program of MAB Community Services, an organization that has been creating opportunities for people with disabilities since 1903. Our experience allows us to forge strong community partnerships to meet the pressing need for high quality services and transform lives.





- Taking medications and following their doctor's orders
- Using a computer or telephone
- Reading books, newspapers, recipes and instructions
- Not being able to drive
- Cooking and being safe in the kitchen
- Going out with family and friends

Part of accepting vision loss is understanding that it's not the end of your life. It doesn't have to be as limiting as you might think. That's where we come in.

Learning to live with vision loss in day-to-day life.

It starts with understanding each individual's situation, because everyone is different. MABVI's vision rehabilitation services help our patients learn to use their remaining sight or live confidently with no vision at all.

- Our low vision clinics and affiliated doctors specialize in magnification to help you learn to use your remaining vision.
- Our occupational therapists are experts in adaptive strategies for living safely and continuing to do all the activities you enjoy.
- Our peer support groups meet across the state. And we may be able to match you with volunteer help for reading mail or grocery shopping.

We work with patients in their own homes so they can learn in a place they know and at their own pace.

Taking the right first steps makes all the difference.





Others have made the successful transition. You can too.



cataracts

"Glare and blurriness made it difficult for me to do things in my house. But I learned to adapt."



macular degeneration

"I couldn't see the buttons on the microwave and remote control.

MABVI marked them with raised dots so I can use them again."



| diabetic retinopathy

"Now I have a talking glucometer and the doctor gave me training on how to use a magnifier the right way."



glaucoma

"At the support group we share our experiences coping with limited vision.

I've been part of it for so long that now I am the leader."

We are here to help.

Founded in 1903 by Helen Keller and other illustrious Bostonians, we are the oldest organization serving blind and visually impaired adults in the country. We have the experience you need and partners you can trust. We'll help you, your family member, or your doctor through the referral process.

- Vision rehabilitation is covered by Medicare, MassHealth and most insurance companies.
- If you need help living confidently with vision loss, these are the numbers to call:
- Eastern Massachusetts:
 617-926-4232 or 800-852-3029
- Central and Western Massachusetts:
 508-854-0700 or 888-613-2777
- Doctors: visit www.mabvi.org for referral information.

